

HEALTHCARE SERVICES DIRECTORY

*An Advertising Supplement to the Orange County Business Journal
October 12, 2009*



Sponsored by:

HUMANA.
Guidance when you need it most

Increasing Precision and Comfort During Cancer Care

Innovations at UC Irvine Medical Center Calm Fears, Improve Treatment

Soft, colored lighting flows through the room, while a wall and the ceiling are filled with the image of mountains, a sparkling lake, drifting clouds and trees moving with the breeze. It's a soothing environment conducive to meditation and relaxation – and to state-of-the-art cancer diagnosis and treatment.

Welcome to the Ambient Experience suite inside the Chao Family Comprehensive Cancer Center, located at UC Irvine Medical Center in Orange. Understandably anxious patients undergo often-lengthy imaging sessions in the room, where a high-tech CT (computed tomography) scanner helps doctors confirm the diagnosis of cancer, determine the extent of the disease, plan treatments and measure the effectiveness of therapies. But unlike in most CT rooms, patients in the Ambient Experience suite – the only one in Orange County – can control their environment in a way that can lessen their fears.

Nearby in the cancer center – Orange County's only National Cancer Institute-designated comprehensive cancer center – another world-class technological device was installed recently, also designed to increase patient comfort and lessen distress. The Trilogy linear accelerator, equipped with RapidArc™ technology, replaces conventional, time-consuming radiation therapy with a drastically faster, three-dimensional beam, which more precisely targets cancers and preserves healthy tissue.

These new high-tech improvements are especially helpful for people with claustrophobia or with discomfort from their condition for whom lying still for long periods of imaging or radiation treatment can be stressful, difficult or even require sedation.

"For example, patients with head and neck cancers sometimes have compromised breathing and swallowing, and that makes it difficult if not impossible to lie on their back for the 10 to 20 minutes needed to deliver standard radiation treatment," said Dr. Nilam Ramsinghani, medical director of radiation oncology at the cancer center.

Reducing patient uncertainty

When cancer is suspected, a diagnosis usually begins with sophisticated imaging in a CT suite. This confirms the existence of a malignancy and provides the precise location and measurements to assist in the planning of treatment, whether it includes surgery, radiation, chemotherapy, or a combination of therapies. Even after diagnosis, many cancers require repeated imaging before each new dose of radiation to ensure the treatment reaches only the targeted cancerous growths, not healthy tissue.

The design of the Ambient Experience suite helps to reduce patients' feelings of uncertainty and vulnerability while they undergo these often-lengthy imaging sessions. Gone are glaring lights, and daunting medical equipment is hidden. The curved white walls – no corners create a fluid, tranquil feeling – are lit only by soothing hues along the ceiling. The effect is clean and restful, drawing attention away from the serious business of CT scans and MRIs.

Patients control images of scenery projected onto the CT room's ceiling and walls. Their six choices include, among others: a South American beach scene, including a coconut dropping from a palm tree while clouds drift by; an African sky that transforms into twilight, com-



Lighting, imagery and the fluid design of the Ambient Experience suite inside the Chao Family Comprehensive Cancer Center aim to reduce anxiety and create an audio-visual cocoon for a patient undergoing a CT procedure.

plete with twinkling stars and darting fireflies; the Australian outback, with the occasional kangaroo hopping through the desert. It is creates a peaceful audio-visual cocoon for patients.

RapidArc offers quick, precise delivery

Once a cancer diagnosis is made, a comprehensive team of specialists collaborates in guiding the patient through treatment. In the past, radiation was delivered through repeated doses of one-dimensional beams to attack the malignant mass from every angle, a process that could take eight or ten beams over a half hour or more.

RapidArc, by contrast, delivers one 360-degree beam. It is eight times faster than conventional radiation treatment delivery – a huge boon for patient comfort and convenience. It is extremely accurate, using exactly measured doses of radiation that are computer-designed to match every dimension of a tumor. This ability is known as intensity-modulated radiation therapy, or IMRT.

Because it is so precise, RapidArc is especially well suited in treating cancers of the prostate, head and neck, and brain where damage to adjacent healthy nerves or tissue can cause devastating loss of function and appearance.

"The major advantage of RapidArc is that it treats the whole tumor volume with a single, 360-degree rotation," explained Ramsinghani.

"What used to take 10 minutes now takes less than two minutes."

Further, she said, the ability of the patient to remain motionless during treatment "is key to not damaging healthy tissue." So RapidArc is particularly good for head and neck cancer patients, who often have a history of smoking or chronic respiratory problems that cause them to easily cough or choke.

"Radiation, if not given properly, can have devastating effects by damaging the healthy surrounding tissue. And that could cause damage to muscles or bones, kidneys, liver, stomach, depending on where you are treating," Ramsinghani added. "The faster you can do the treatment without interruption, the better the outcome."

The cancer center also offers other types of radiation therapy that similarly aim to spare healthy tissue and may be more appropriate for patients, depending on the type, size and location of the cancer, along with other factors, said Ramsinghani.

Ramsinghani is part of a team of radiation oncology specialists who know the importance of using the premier technology for delivering the most compassionate care.

"Patients have so many questions going through their head and they're depressed," she said. "All during treatment they are wondering, 'When will it be over?' We do our best to make them relaxed, to make them feel calm."

The new Ambient Experience suite and RapidArc treatment are major improvements that help patients both medically and psychologically.

"We feel we can really improve the quality of life for patients," she said.

For a physician referral or information about services offered at the Chao Family Comprehensive Cancer Center, call 714.456.5651 or visit www.ucihealth.com.

Expert Team Care for Head and Neck Cancer Patients

About 40,000 new cases of head and neck cancers – the seventh most common cancer – are diagnosed each year. Despite strong survival rates, the impact can be especially challenging for patients because head and neck cancers may profoundly alter speech, swallowing and facial appearance.

"Voice and face are a person's window to the world. These types of cancers can be socially isolating," said Dr. William Armstrong, a nationally recognized head and neck cancer surgeon with University of California, Irvine Healthcare. "The location of the disease and external appearance create unique challenges for treatment. Growth and invasion of these tumors may have a devastating impact on speaking, swallowing, and a lot of the things that make us human."

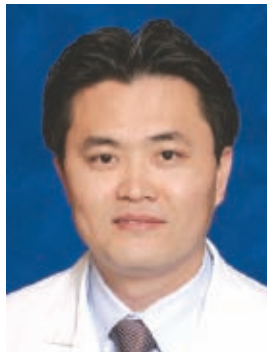
Head and neck cancers may include tumors of the tongue, tonsils, throat, jaw, mouth, eyes and lips. They are diagnosed most often in people over 60 years of age, and are found at higher rates in heavy smokers and alcohol drinkers.

But Armstrong said the past 10 or 20 years have seen an increase in head and neck cancers among people who have not used tobacco and/or abused alcohol. What might be the reason? "The human papillomavirus, the same one that causes cervical cancer, may cause a viral infection in the throat that 10 or 20 years later leads to cancer in the tonsils and back of tongue, a result of the sexual revolution and increases in numbers of partners," Armstrong said.

Only a university medical center that treats a large number of head and neck cancers can support a large team that comprehensively works together. At UC Irvine, the team includes head and neck surgeons, medical oncologists, radiation oncologists, plastic



Dr. William Armstrong



Dr. Jason Kim

reconstructive surgeons, social workers and specialized dentists.

"Head and neck cancers are challenging to manage," said Armstrong. "The surgical procedures tend to be long. The postoperative care is demanding. The medical management requires a lot of coordination." Armstrong works closely with Dr. Jason Kim, a head and neck surgeon, an expert in microvascular, facial plastic and reconstructive surgery. He works to preserve and restore function as well as appearance.

Armstrong is recognized for research into agents to reverse and prevent oral cancers. Clinical trials are currently underway to study whether a soy extract can prevent or reverse oral cancers.

"We've also been doing endoscopic cancer surgery for the voice box and throat, to remove tumors with laser," Armstrong said. The surgery involves no exterior incisions, as the procedure is performed using specialized instruments inserted in the throat. Kim is developing leading-edge minimally invasive approaches to treat neck masses and tumors of the thyroid and parathyroid glands. Not every patient needs surgery. Some tumors are better treated by radiation therapy or chemotherapy,

or both.

Always of utmost importance are questions of a patient's quality of life. "That's why," Armstrong added, "we pride ourselves on not only controlling the cancer, but also preserving and restoring form and function. Survival is also about how you live your everyday life."

For more information or a referral to a UC Irvine physician, call toll free 877.UCI.DOCS or visit www.ucihealth.com.

Dental
Vision
Life
Disability
Workplace Voluntary Benefits
Medical Stop-Loss



**Is your portfolio of specialty benefits offerings missing
a Fortune 100 company with over four decades of experience?**

Introducing Humana – a Fortune 100 company with more than 40 years of experience and a portfolio of specialty benefits we customize for you. For starters, we deliver a wider range of coverage for dental, vision, life, disability, workplace voluntary benefits, and medical stop-loss. As your partner, we'll also provide you with seamless, personal service through our one point of contact backed by a team of experts. And we'll give you the same kind of focused, innovative thinking we've provided for the PGA TOUR and other clients through the years. No matter what you're looking for in specialty benefits, Humana has you covered.



Find out more at Humana.com/Specialtybenefits

Humana Plans are offered by the Humana Family of Insurance and Health Plan Companies.

GCA05LIHH



Kaiser Permanente Kraemer Medical Office Building



Kaiser Permanente Orange County - Irvine Medical Center

New Medical Facilities to Serve Orange County

Kaaiser Permanente is responding to growing demand and population growth in Orange County by opening new facilities in the area. In May 2008, the new Kaiser Permanente Orange County-Irvine Medical Center opened. And construction is under way on a new Kaiser Permanente Orange County-Anaheim Medical Center campus scheduled to open in 2013. When complete, the new campus will replace the current Anaheim Medical Center now located on Lakeview Avenue. Kraemer Medical Office Building 1, the first building to open on the new Anaheim campus, is scheduled for a September 22 launch.

Anaheim-Kraemer Medical Office Building

The four-story, 117,000-square-foot Anaheim-Kraemer Medical Office Building 1 will offer local Kaiser Permanente members one-stop ease—with pharmacy, laboratory, and care services onsite. Additionally, self-service kiosks will help make checking in for appointments quick and easy. The building also features Home First, an innovative new program that teaches patients with kidney failure how to manage dialysis at home.

Services offered at the Kraemer medical offices will include audiology, dermatology, gastroenterology, general surgery, head and neck surgery, kidney care, mammography, neurology, Ob/Gyn, occupational therapy, orthopedics, physical therapy, and speech therapy.

The new Kraemer medical offices will consolidate several services that were previously found in multiple Kaiser Permanente facilities. Dermatology will move to the Kraemer building from the Brea medical offices. Audiology, head and neck surgery, neurology, and speech therapy are relocating from the Lakeview medical offices. Ob/Gyn services will transfer from the Euclid medical offices. Pulmonary medicine and nephrology are relocating from the Yorba Linda medical offices. General surgery and gastroenterology will be available at both the Kaiser Permanente Lakeview medical offices and the new Kraemer medical offices. Other existing services will remain at the Lakeview medical offices.

The work-in-progress Anaheim campus, featuring the new Anaheim-Kraemer Medical Office building 1, is located less than three miles from the existing Kaiser Permanente-Anaheim Medical Center. The new campus will be easily accessible from Route 91-Riverside Freeway, (between the North Kraemer and North Tustin exits).

Kaiser Permanente Orange County-Irvine Medical Center

Anaheim's new Kaiser Permanente facility will join the recently opened Kaiser Permanente Orange County-Irvine Medical Center in caring for local members. The new Irvine Medical Center is an outstanding example of Kaiser Permanente's "hospital of the future"—and a sneak preview of what's to come at the Anaheim facility.

The Irvine facility is also a "green building." That means it contains materials and furnishings that don't add toxic elements to indoor air. Recognizing the link between the health of the environment and the health of people, Kaiser Permanente is making buildings healthier by:

- Incorporating innovative green designs and techniques, such as water-permeable pavement and a "green" roof
- Reducing water use by choosing native drought-resistant plants in landscape design, and researching resource-saving technologies such as low- or no-water urinals and dual-flush toilets
- Spurring the development of new, healthier products such as polyvinyl chlorid (PVC)-free carpeting; wall and corner guards; and oncology, dialysis, and pediatric chairs
- Practicing smart design by making more efficient use of space
- Adding design features that support the healing process, such as increased natural light and more green space
- Choosing nontoxic or less-toxic cleaning products

Researching hazardous chemicals and working with vendors to identify safer alternatives. Because of these efforts, Kaiser Permanente has won more than 20 national awards for high environmental standards.

A great deal of planning went into providing services and surroundings that help patients feel more comfortable throughout the Irvine facility. All 150 patient beds are in private rooms and patients can adjust the room temperature and lights to their personal comfort levels. Special acoustic design and modern floor plans reduce noise to promote rest. And

a clean air filtration system limits airborne bacteria to protect patients, visitors, and staff.

Open spaces and gardens create a peaceful environment for patients and their families. Warm colors and natural light throughout the facility enhance comfort and healing. And patients enjoy a family-friendly environment that offers pullout beds for overnight stays and wireless Internet access.

Advanced technology is on display throughout the facility. Computer terminals next to each bed enable doctors to access full electronic health records at the point of care. Ergonomic rooms and nursing stations maximize member safety and comfort. Sophisticated imaging systems are used to improve diagnostic capabilities. And a clean-air filtration system limits airborne bacteria to protect patients, visitors, and staff.

Technology even makes it easier to keep track of every member's care. All Kaiser Permanente members have a secure electronic medical record that connects their health information—including clinical services, pharmacy, billing, and scheduling—throughout the medical center.

Kaiser Permanente's use of technology also ensures that innovative care doesn't stop at



Kaiser Permanente Orange County - Irvine Medical Center

the doctor's office. Members can find a wealth of self-care resources and health promotion materials online when they visit kp.org. Materials that help members feel healthier and perform better include:

- Interactive health calculators to track progress toward better health
- Web pages dedicated to specific conditions such as heart disease and diabetes
- Healthy Living educational podcasts, links to health information, and listings of onsite classes at our facilities
- HealthMedia[®] customized online programs for quitting smoking, eating healthy, maintaining a healthy weight, exercising, and more

Members also have online access to My Health Manager, an interactive personal health record that gives them the freedom to take care of their health when it's most convenient for them. For example, members have access to these features through their home computers:

- Free, secure e-mail to doctors' offices and pharmacists
- Lab test results and information about the tests
- Online appointment scheduling and prescription refills
- Records of allergies, immunizations, and recommended screenings
- Summaries of past doctor visits
- Ability to act for a family member

To use these interactive tools, members register at kp.org. Even non-Kaiser Permanente members can use some of the tools and health information on the Web site.

With 19 medical offices and 875 physicians offering care to the more than 400,000 members in Orange County, Kaiser Permanente is well positioned to provide high-quality care into the future. Employers have a wide variety of choices for affordable care with HMOs, deductible plans, POS plans, and more.

For more information, please contact your broker or Kaiser Permanente sales representative.



The UC Irvine Executive Health Physical is designed to be efficient while providing time for an in-depth discussion between patient and doctor.

A Management Strategy That Works

For most busy executives, having a physical exam is something to do after everything else is finished (and it never is). But now, UC Irvine Medical Center is offering a prescription for wellness that can easily be scheduled into hectic lifestyles – The UC Irvine Executive Health Physical.

Among the most comprehensive examinations available anywhere, it takes a little over two hours to complete. It includes intensive one-on-one attention, personal follow-up and top-flight testing – all conducted at a nationally recognized medical center complete with the latest technology, highly skilled physicians and experienced professional staff.

“The program is designed to be efficient while providing time for an in-depth discussion between the patient and the doctor,” says Morris Hasson, M.D., Executive Health Program Physician and clinical professor of medicine at UC Irvine. “Our goal is to catch diseases while they’re easily treatable and to prevent illness by encouraging lifestyle changes.”

A real head-to-toe experience

The exam begins with a medical history. It’s a personal conversation between the patient and doctor with time to discuss any specific issues or symptoms. Once this is completed, a thorough physical exam is conducted, including screenings for cardiovascular disease, cancer, respiratory ailments, vision and hearing problems. The exam also includes a comprehensive fitness evaluation and laboratory analysis to detect preexisting disease. All in all, the exam is a real head-to-toe experience. Depending on the participant’s age or risk factors, further tests may be recommended by the physician.

A computerized risk appraisal is also generated, showing participants how lifestyle modifications can decrease their risk of developing certain illnesses. Patients are also given a detailed exercise prescription, if needed, and referred to appropriate UC Irvine risk-factor reduction programs, including those dealing with weight management, cardiovascular risk reduction, and travel immunizations.

Programs tailored to individuals

All risk factor reduction programs are tailored to meet the individual needs of participants. For example, the UC Irvine Weight Management Program provides a continuum of services varying in intensity, including a medically supervised low calorie diet as well as food-based plans. The UC Irvine Travel Medicine Program provides specific healthcare information about destinations worldwide and immunizations for individuals who are traveling the globe.

The complete results of the physical, along with recommendations, are presented to participants in a bound portfolio.

To date, more than 900 companies have participated in the UC Irvine Executive Health Program, with some enrolling their entire upper-level workforce for physicals.

The UC Irvine Executive Health Program: It’s a management strategy that works.

For information about UC Irvine’s Executive Health Program, please call 949.824.8033.

Had a HEART ATTACK, June 10.

GONE FISHING, July 29.



When it comes to keeping your heart healthy you can count on Saddleback Memorial, rated one of the top 100 hospitals in the nation by Thomson Reuters. We provide leading-edge heart care services including a designated cardiac receiving center with emergency treatment times that beat the national average. From our advanced cardiac cath lab, to our skilled heart specialists and proactive screening programs, we offer comprehensive care and experience you can trust. For more information or a physician referral visit MemorialCare.org or call 949-452-7255.



**SADDLEBACK MEMORIAL
MEDICAL CENTER**
A MemorialCare Medical Center



Over 20 Years Experience &
Excellent Customer Service

www.newportimaging.com

Newport Imaging Center is the premier outpatient imaging center - providing the highest quality diagnostic and therapeutic radiology services.

We offer two state of the art facilities to choose from, with both conveniently located in the Irvine/Newport Beach areas, Newport Imaging Center provides a wide variety of modern radiology and imaging procedures including:

- PET
- Nuclear Medicine
- MRI
- CT Scan
- Ultrasound
- Bone Densitometry (DEXA)
- Digital Mammography
- Diagnostic X-Ray
- Specialized Lung and Coronary Artery Disease CT Screening Examinations



455 Old Newport Blvd., Suite 101
Newport Beach, CA 92663
949.574.8200 Phone
949.574.8215 Fax



360 San Miguel Drive, Suite 105 & 106
Newport Beach, CA 92660
949.721.8191 Phone
949.721.1206 Fax



Hoag Hospital Irvine

Opening in late 2010

*General Acute Care Hospital
Inpatient - Outpatient
Emergency Care*

*For more information visit
www.HoagHospitalIrvine.org.*





The Executive Physical Program at Saddleback Memorial consists of a dedicated staff that follows medically accepted guidelines.

Investing Wisely in Your Health with Saddleback Memorial's Executive Physical Program

Investing wisely in the future makes good business sense. This philosophy not only applies to business operations but also to key executives who run the business. Executives who pay attention to their health are investing today to keep themselves active and well for their future and the future of the company. It's a well-known fact that many conditions such as cancer and heart disease go undetected during early stages. Coincidentally, these conditions often occur during peak years of work productivity.

Comprehensive evaluation, consistent monitoring and extensive counseling by our medical staff is the best chance you have of keeping your key executives physically fit and prepared to tackle the challenges of a competitive business environment.

The Executive Physical Program at Saddleback Memorial consists of a dedicated staff that follows medically accepted guidelines. Experienced registered nurses and board-certified physicians give one-on-one attention and personally guide each client through every step of the physical.

"Our goal is to make the experience comfortable, enjoyable and unique," says Kathy Arblaster, RN, operations manager, Saddleback Memorial Heart Institute and Wellness Center. "We cater to individual preferences including special accommodations and flexible scheduling."

Ample parking, shower/locker room facilities, and an easy-to-find, freeway-close location add to the total experience. Listed below are the core components of the program:

- complete physical by a board-certified physician
- EKG
- blood analysis
- urinalysis
- hearing and vision tests
- stress and tension profile
- colon cancer screening
- body fat testing
- flexibility testing
- strength testing
- lung function testing
- medical summary and physician letter
- lifestyle counseling session
- exercise and diet prescription
- comprehensive report

Additional tests, including mammography, chest X-ray, sigmoidoscopy, treadmill stress testing, osteoporosis screening and prostate cancer screening may be added to the core program. For more information or to schedule your screening, please call 949-452-7255.

Newport Imaging Center Offers Preventive Screenings to Help You Live Healthy and Stay Healthy

Newport Imaging Center is located in Newport Beach, at 360 San Miguel Road, adjacent to Fashion Island. Newport Imaging Center offers many preventive screening exams, which can identify early illnesses or those at risk for developing illnesses. The tests include Digital Mammogram, Coronary Artery Calcium Scoring, Abdominal Aortic Aneurysm (AAA), DEXA Bone Density Test, Lung Cancer Screening and Virtual Colonoscopy, to name a few. Screening exams are

a proactive necessity, especially during stressful times such as these, to improve your health and reduce your risk of developing heart disease, multiple forms of cancer, osteoporosis, and other fatal and debilitating diseases.

Depending upon the condition, the technologist may use ultrasound, CT, or MRI. A board certified radiologist reads these exams to rule out the presence of abnormalities. Most screening studies are covered by insurance, including Med-icare, however Newport Imaging Center suggests you check with your insurance provider.

Take the proactive approach

Sometimes women tend to put their families and even their jobs before themselves, in turn, neglecting important health care screenings and failing to take preventive steps to insure their own well-being. It is important for women to be proactive about their own health and to take care of themselves, so they can be there for their families and others who depend on them.

Digital Mammograms

An annual mammogram is suggested by the American College of Radiology after the age of 40, or earlier if there is a family history of breast cancer. Studies support that getting a screening mammogram can help detect early signs of any problems.

Coronary artery calcium scoring

Patients who find they have calcium in their coronary arteries, which supply blood and oxygen to the heart muscle, can change their eating and exercise patterns before artery blockage occurs which can lead to a heart attack. CAC is an important test for women and men, which can be a powerful motivator of health and lifestyle changes for patients.

Newport Imaging Center is dedicated to provide you with quality and convenience. To schedule an appointment or for more information about Newport Imaging Center, please call 949-721-8191.



Protect Your Most Valuable Asset... Your Health.

Invest In Your Own Personal Health Profile From UC IRVINE EXECUTIVE HEALTH

PERSONAL INDIVIDUALIZED ATTENTION The 2 ½ hour comprehensive physical exam is tailored specifically to each participant's age, gender and lifestyle behavior. The program assesses the whole individual, evaluating not only health but also fitness, nutritional status and health risks.

COMPREHENSIVE EVALUATION OF YOUR CURRENT STATE OF HEALTH
A follow-up session is scheduled with a University physician and a registered dietitian approximately 2 weeks later with ample time for questions and discussion.

HEALTH RISK APPRAISAL A computerized health risk appraisal is generated, showing participants how lifestyle modifications can decrease their risk of developing cardiovascular disease and cancer.

The UC Irvine Executive Health Program has helped thousands of executives in Orange County and around the world manage their health since 1989.

UC IRVINE EXECUTIVE HEALTH PROGRAM

2100 Medical Plaza Dr., 2nd Floor
Irvine, CA 92697-6255
(949) 824-8033 or (800) 877-7348
www.ucihealth.com/corporatehealth

All the amenities your employees want.

LA | FITNESS.

**Business owners, H.R. directors
or interested employees,
learn about our
group discount program!**

**With over 300 clubs nationwide, we're here for your company!
To find out more, email CorporateDirector@lafitness.com**

ANAHEIM HILLS 714.282.3931	IRVINE EAST 949.502.2043	ORANGE AT THE BLOCK 714.769.8000
FOUNTAIN VALLEY 714.962.1374	LA HABRA 562.697.8899	SANTA ANA / TUSTIN 714.648.0642
GARDEN GROVE 714.379.9744	LAGUNA NIGUEL 949.495.2131	YORBA LINDA 714.854.7936
IRVINE 714.505.8958	LAKE FOREST 949.597.2077	1.800.LAFITNESS WWW.LAFITNESS.COM

Photos depict a typical facility; some locations may vary. ©2009 LA Fitness International, LLC. All rights reserved.



TLC offers 11 convenient locations in Southern California



TLC Laser Eye Centers-Newport Beach.

New Options to Get Rid of Reading Glasses

TLC Laser Eye Centers® now offers several options to help reduce or eliminate your need for reading glasses or bifocals. For those of us over the age of forty, to properly read a menu at a restaurant or look at a computer without squinting, our only answer in the past was to wear reading glasses, or have Monovision LASIK. Not anymore.

The challenge with “cheaters” – or the reading glasses you have to carry with you everywhere you go – is that they are inconvenient, frustrating, and still do not give you perfect vision, especially if you’re near sighted.

Monovision works for many patients, but not for all, because Monovision requires that one eye is corrected for near and one eye for distance. It does not allow for optimal distance and near vision in both eyes. With Monovision, you have to give up a bit of good distance to get your near vision.

The exciting news today is that TLC Laser Eye Centers in Southern California has answers for dealing with the frustration of reading glasses and the compromising nature that Monovision LASIK can sometimes offer. TLC Laser Eye Centers in LA and Orange County now offers multiple procedures to take care of your distance and near vision, without compromising.

This means that for millions of Americans who struggle every year to see objects up close – which we all do starting a little past the age of forty – there are now options that may reduce or eliminate your need for reading glasses.

PresbyLASIK & Research Study

The latest procedure that TLC in Southern California is offering is referred to as PresbyLASIK. The first part of the name stands for presbyopia, the condition that pertains to those of us whose eyes are not as young as they used to be, and who now need reading glasses. The second half of that name stands for LASIK, which we are all familiar with, and is done with high-tech excimer lasers.

The PresbyLASIK procedure is very much like traditional LASIK except it has a new twist. It is specifically designed for people who need both their near and distance vision corrected, who wear reading glasses, and are between the ages of 40 and 60 years of age.

The correction to the eye can be explained by looking at a person who wears bi-focals. Bi-focals are uniquely designed to allow a person to see both near and far through their glasses. The PresbyLASIK procedure corrects vision in order to have the same effect, without the need for glasses.

The procedure is only required in one eye so the patient is able to see near and far out of the SAME eye, without having to make compromises. While no procedure is guaranteed and indi-

vidual results may vary, those patients who have received the procedure had excellent results.*

Another option for patients with reading glasses is participation in a research study that is a no cost procedure for qualified candidates.** More information about this procedure, as well as additional laser, non-laser and implant procedures, is available now at TLC Laser Eye Centers and can be discussed personally in a free consultation with a patient counselor.

Highest standards, latest technology

Patients considering surgery to reduce or eliminate their reading glasses will be excited to hear that Dr. Thomas S. Tooma, Medical Director of TLC Laser Eye Centers, oversees each of the 11 TLC locations in Southern California, and is at the forefront of technology, holding his centers to the highest standards.

With more lasers to choose from than any other center, TLC Laser Eye Centers has the latest technology to correct presbyopia, or near vision. The experience of the surgeon, combined with the latest in technology, gives patients the highest likelihood of achieving 20/20 or better vision.

Known throughout Southern California and the nation, for his specialization in refractive surgery, Dr. Tooma was instrumental in four FDA research studies to approve LASIK vision correction in the United States. His knowledge and software analysis, help reduce the need for an enhancement to less than 2%.

As the most experienced LASIK surgeon in the Western United States, and with his specialty being in corneal and refractive surgery, Dr. Tooma personally performs surgery for patients with reading glasses and a loss of near vision.

“Nearly 1.5 billion people worldwide need reading glasses. I’m thrilled today to offer a possible solution for those who are tired of wearing them,” says Dr. Tooma. “The options that we have today are revolutionary, and are a breakthrough in the technology that existed before.”

Dr. Tooma has personally performed over 100,000 laser and surgical vision correction procedures in the last 15 years, and sincerely believes that laser vision correction at each of the TLC centers he oversees, is the safest it can be.

Book your free consultation

TLC Laser Eye Centers are proud to offer the latest technology to eliminate or reduce the need for reading glasses. To book your free consultation with TLC Laser Eye Centers contact us at **1-888-CALL-TLC** today.

* Individual results vary and are not guaranteed.

** Dr. Tooma is the investigator and TLC is not a sponsor for the research study.



Dr. Thomas S. Tooma, Medical Director, TLC Laser Eye Centers.

“Nearly 1.5 billion people worldwide need reading glasses. I’m thrilled today to offer a possible solution for those who are tired of wearing them. The options that we have today are revolutionary, and are a breakthrough in the technology that existed before.”

*—Dr. Thomas S. Tooma,
Medical Director,
TLC Laser Eye Centers*



TLC offers solutions for correcting both near and distance vision.

LIVE UNITED



Orange County residents seeking health and human care services have seen brighter days – days when sick children weren't denied medical care, and days when free training courses for developmentally disadvantaged individuals and their caretakers still existed.

In the past year, there have been startling increases in needs for health related services in Orange County including:

- Approximately 27,677 Orange County children (3.5%) were uninsured. (The Orange County Health Needs Assessment (OCHNA) survey 2007)
- There are 16,046 persons with developmental disabilities in Orange County. Of these, 39.8% are unemployed. (Regional Center of Orange County)
- Of the 9.1% of adults in Orange County who lack health care coverage, 40.9% have a household income of less than \$25,000 and 66.3% of these identified themselves as Hispanic. (Orange County Needs Assessment Survey Special Report, 2009)
- 34.9% of children in Orange County are either at risk of being overweight or are overweight. (2005 Orange County Health Needs Assessment)

Against all of the economic climate odds and expanded need for services, Orange County United Way is still creating change and impacting thousands of lives each year with the help

Through the eyes of an in-need Orange County resident

Mary was married for 24-years and had two sons with medical conditions. Her husband lost his job and eventually left the family, leaving Mary and the kids homeless, without food and without medication.

Mary heard about Friendly Center, an Orange County United Way funded agency, through her son's school. Friendly Center provided her family with emergency food and medication. Mary also began counseling at Friendly Center, was provided transportation to attend appointments and was connected to resources to help her acquire job skills. Now Mary and her sons receive the medication they need, and Mary is attending classes to improve her employment opportunities.

"I'm now in control of my situation and my future is promising for myself and my children," said Mary.



YOUR GIFT WILL CHANGE LIVES

Your Gift of \$10 Will Provide

- Free transportation for five senior citizens to medical appointments
 - A prescription for a sick individual

Your Gift of \$20 Will Provide

- Medical lab tests for up to eight individuals
 - One month of medical coverage for an out-of-work individual

Your Gift of \$50 Will Provide

- A hearing aid fitting for a child or adult
 - Three days of medical training for a person with developmental disabilities and his or her caregiver

United Way Kicked-Off its 2009/2010 campaign year on October 8, 2009. Special thanks to UPS for hosting the Kick-Off event to bring awareness of Orange County United Way's work in our community.

and dedication of our corporate and community partners. With a goal to build self-sufficient lives for those most in need in Orange County, United Way is one of the largest health and human care funders in Orange County, supporting the most efficient and effective non-profit organizations in the country.

From dependency to self-sufficiency

Orange County United Way achieves its goal of building self-sufficient lives by supporting solutions for long-term change focused on education and financial stability to move people from dependency to self-sufficiency. United Way also focuses on health and medical care issues by supporting organizations that bring free to low-cost medical coverage, prescriptions, health and well being programs as well as counseling and support for mental health issues.

Orange County United Way's commitment is to identify programs in Orange County that are delivering medical assistance and to raise the most money possible to address the escalating needs for essential services in our community, including health and human services. With current economic challenges, we're relying on your gifts to strengthen our community and make an impact on thousands of lives. Your contribution will make a difference.

To learn more about Orange County United Way and the difference you can make by partnering with them, please visit www.unitewayoc.org or call (949)660-7600.

AccentCare™
Your Extended Family

Because we care for your independence.

AccentCare, proudly headquartered in Orange County for the last ten years, is one of the nation's leaders in home healthcare. Highly trained, dedicated caregivers provide comprehensive services ranging from personal, non-medical care to skilled nursing and rehabilitation. Our team of professionals ensures that our patients and clients get the assistance they need to improve the quality of their life while maintaining their independence.

Professional Care in the comfort of **Your Home!**

Call us today at **1.800.834.3059**. We can help!

www.accentcare.com



Hoag Imaging Center-Newport Beach features some of the latest imaging technology.



Mary and Dick Allen Diabetes Center, located at Hoag Health Center-Newport Beach.

Hoag Health Center-Newport Beach Celebrates Grand Opening

Hoag Hospital recently celebrated the grand opening of its newest health center in Newport Beach. Hoag Health Center-Newport Beach (HHC-NB) is one of seven Hoag Health Centers and offers a variety of outpatient health services to meet Orange County's growing health care needs.

Some of the many outpatient services located at Hoag Health Center-Newport Beach include the new Hoag Imaging Center, CHOC Children's Specialty Services, Hoag Lung and Esophageal Center, Hoag Voice and Swallowing Center, and Mary and Dick Allen Diabetes Center.

Services including outpatient rehabilitation, cardiac rehabilitation, pulmonary rehabilitation, and others are also open at HHC-NB. UrgiKids, after-hours pediatric urgent care, will also be moving from Hoag Health Center-Costa Mesa to the CHOC Children's Specialty Services at this new location in the near future. All pediatric specialty services are the first to be offered by CHOC Children's in the coastal area in a convenient family-friendly location.

Below are some of the highlighted facilities at Hoag Health Center-Newport Beach:

Outpatient Imaging

Hoag Imaging Center-Newport Beach, located at 510 Superior Ave., Suite 100, provides outpatient imaging services including computed tomography (CT), radiographic/fluoroscopy, magnetic resonance imaging (MRI), ultrasound, Spect CT and nuclear medicine. Lab draw services are also available for patients with imaging appointments and a retail pharmacy is scheduled to open next year.

The state-of-the-art facility provides convenient parking next to the center, private registration booths for easier check-in, and the ability to handle same day requests for patients needing same-day services.

"By providing many of the hospital's outpatient imaging services at Hoag Health Center-Newport Beach, patients will have expanded access to state-of-the-art care more efficiently, and will no longer be inconvenienced by appointments being delayed due to emergency room and critical care emergencies," explains Marcy Brown, director of radiology operations. "The new center will enable Hoag to deliver the same high quality care with the latest technological advances that the hospital is known for, while further minimizing access issues."

It's also important to note that Hoag will continue to provide state-of-the-art outpatient imaging services at each of its six Hoag Health Centers throughout Orange County, as well as at the hospital's new Advanced Technology Pavilion.

Hoag Imaging Center-Newport Beach at Hoag Health Center-Newport Beach will be open Monday through Friday, from 7 a.m. to 7 p.m., and Saturday from 8 a.m. to 5 p.m. Shuttle services between Hoag Hospital and the Health Center are also available Monday through Friday. For more information about Hoag Outpatient Imaging Services, please call 800/309-9729, or visit www.hoaghospital.org/radiology/contact for detailed maps and directions.

Mary and Dick Allen Diabetes Center

Hoag Hospital has created the Mary & Dick Allen Diabetes Center at Hoag Hospital to make a difference by improving the quality of life for all people with diabetes or at risk of diabetes, through prevention, early detection, prompt care, education and support.

The Allen Diabetes Center is located at Hoag Health Center-Newport Beach, adjacent to Hoag Hospital's main campus. The new larger facilities and expanded programs focus on meeting the challenges of access to care faced by many patients with diabetes in Orange County.

The Allen Diabetes Center will function as a support service to the community physicians. In addition to offering physician specialty services in podiatry, ophthalmology and endocrinology, the Center will collaborate with local universities in community-based research activities, expand outreach activities in partnership with other community health organizations and continue to provide diabetes education and support services that reflect the diversity of the community.

The Allen Diabetes Center is located at Hoag Health Center-Newport Beach, adjacent to Hoag Hospital's main campus. Programs focus on meeting the challenges of access to care faced by many in Orange County by providing physician specialty services in podiatry, ophthalmology and endocrinology, larger facilities and expanded programs that reflect the diversity of the community. The Allen Diabetes Center also offers educational and support services designed specifically to meet the needs of patients with diabetes and their families.

The Allen Diabetes Center is named for active community members Mary and Dick Allen, who donated \$1 million dollars to Hoag's diabetes campaign. The Allens made the contribution as a leadership gift to Hoag Hospital Foundation's \$24 million fundraising campaign for a new diabetes center and its future programs and services which include:

• Pediatric Diabetes Services

In collaboration with CHOC Children's, the Allen Diabetes Center will offer pediatric endocrinology care, education and support services for children with diabetes and their families. This important service will allow children with diabetes to receive cutting-edge care close to home. The Allen Diabetes Center will also work with CHOC and a wide array of community agencies to support the prevention of pediatric obesity and to offer diabetes prevention activities in the community.

CHOC Children's is the leading choice for pediatric care in Orange County, and Hoag is proud to be able to collaborate to bring diabetes care for children in our community.

• Diabetes Self Management Education

The Allen Diabetes Center has one of the largest diabetes education programs in Orange County. In this American Diabetes Association-accredited program, Certified Diabetes Educators will provide education and support services, in both English and Spanish, to patients as they learn to manage their diabetes. Other innovative educational programs offered at the Allen Diabetes Center include:

- Medical Nutrition Therapy
- Insulin Pump Instruction
- The Sweet Success program for women with diabetes during pregnancy

• Ueberroth Program for Women and Diabetes

Partnering with Hoag Women's Health Services and Hoag Heart and Vascular Institute, the Allen Diabetes Center will also provide services for women with diabetes throughout their lives. The Ueberroth Program for Women and Diabetes at the Allen

Diabetes Center dramatically enhances the continuity of care available to women in the community. Funded through a generous grant from the Peter and Ginny Ueberroth Foundation, this program will help the Allen Diabetes Center reach farther into the community to ensure that all women, regardless of their financial circumstances, have access to world-class diabetes care. Special diabetes-related health concerns of adolescents, women who are planning pregnancies, pregnant women and women in menopause are all addressed by the services in this program.

The Mary and Dick Allen Diabetes Center facility is located at Hoag Health Center-Newport Beach, at 520 Superior Avenue, near the hospital's main campus. Please contact 949/764-8065 or visit www.hoaghospital.org/diabetes for more information.

CHOC Children's Specialty Services

Hoag Hospital has partnered with CHOC Children's to provide two new outpatient clinics at Hoag Health Center-Newport Beach. CHOC Children's Endocrine and Diabetes Center will offer diagnosis, treatment and management of pediatric diabetes and endocrine disorders within the Mary and Dick Allen Diabetes Center, located at 520 Superior Avenue.

Other pediatric specialty services, including cardiology, neurology, gastroenterology, allergy/immunology, genetics, pulmonology and hematology, will be located at 500 Superior Avenue. UrgiKids, after-hours pediatric urgent care, will be moving from Hoag Health Center-Costa Mesa to the CHOC Children's Specialty Services at this new location later this year. All subspecialty services are the first to be offered by CHOC Children's in the coastal area and provide a convenient location for those families seeking specialty treatment for their children.

Hoag Lung and Esophageal Center

As part of the hospital's commitment to meeting the ever-increasing medical needs of the community, Hoag has partnered with several Hoag-affiliated physicians to open a new Lung and Esophageal Center at Hoag Health Center-Newport Beach. Under the direction of esophageal surgeon John Lipham, M.D. and thoracic surgeons Richard Fischel, M.D. and John Maurice, M.D., the multidisciplinary team at the center specializes in the evaluation, diagnosis and treatment of known or suspected cancers of the lung, chest and esophagus, and provides expert care to individuals suffering from other forms of thoracic disease.

Hoag Voice and Swallowing Center

Hoag Hospital recently launched the most comprehensive voice and swallowing program in Orange County. Under the direction of Fellowship-trained laryngologist Steven Feinberg, M.D., Hoag Voice and Swallowing Center, a service of Hoag Neurosciences Institute, provides the latest in state-of-the-art diagnostic and treatment options for individuals experiencing voice and swallowing issues.

Hoag Voice and Swallowing Center, located at 500 Superior Avenue, Suite 305, provides expert treatment for patients whose voice and swallowing issues may require minimally invasive surgical care and/or a comprehensive speech therapy program. The center also offers specialized services for professionals who use their voices for a living, ranging from actors and singers to lawyers and teachers.

For more information about Hoag Health Center-Newport Beach, please call 800/514-4624 or visit www.hoaghospital.org.



Hoag Health Center-Newport Beach is located at 500-520 Superior Ave. in Newport Beach.



TLC
Laser Eye Centers®

The Eye Doctor's #1 Choice. You'll See.
Ask Your Eye Doctor Today!

TLC serves you in the following counties:
SAN DIEGO • LOS ANGELES • ORANGE
RIVERSIDE • VENTURA • SAN BERNARDINO

No More Reading Glasses.

TLC Laser Eye Centers has several options to reduce or eliminate your need for reading glasses or bifocals.

You may even qualify for a FREE surgery.

Book Your Seat Today

1-888-CALL-TLC

1 - 8 8 8 - 2 2 5 - 5 8 5 2

Seats are limited to 40 guests. The Seminar will be held on October 28th, 2009 in Newport Beach, CA.

*Dr. Tooma is the Investigator and TLC is not a sponsor for the research study.

*Individual results may vary and glasses may still be needed after the procedure.

CARE PROVIDERS**Audiology, Hearing Services & Speech Pathology**

Anaheim Memorial Hospital Speech & Language Center, (714) 999-5120
 Anaheim Hearing Center, (714) 535-7508
 Anaheim Memorial Hospital Speech Pathology Services, (714) 999-5120
 Coast Speech Pathology & Rehabilitation Services, Westminster, (714) 898-2741
 Coastal Pediatric Speech Clinic, Newport Beach, (949) 759-3390
 Family Hearing, San Clemente, (949) 240-7070
 Hearing Enhancement Center, Costa Mesa, (949) 645-0886
 Kaiser Permanente Audiology Services, Anaheim, (888) 988-2800
 Laguna Niguel Speech & Language Center, (949) 495-2171
 Newport Audiology Center Corporate Office, Laguna Hills, (800) 675-5485
 Newport Language & Speech Center, Corporate Office, Mission Viejo, (800) 741-9088
 Orange County Therapy Services, Laguna Hills, (949) 770-5843
 Providence Speech & Hearing Center, Orange, (714) 639-4990
 Providence Speech & Hearing Center, Orange, (714) 639-4990
 Rainbow Connection Speech Language Pathology Services, Lake Forest, (949) 458-1113
 Sky Pediatric Therapy, Irvine, (949) 797-9007
 Sonus Hearing Care Professionals, Orange, (714) 558-2666
 Speech & Language Development Center, Buena Park, (714) 821-3620
 Speechnet, San Juan Capistrano, (949) 248-7245
 Tustin Hearing Center, (714) 731-6549
 UC Irvine, Center for Stuttering, (714) 456-5807

Body Scanning/Screening

Advanced Body Scan of Newport Newport Beach, (949) 756-8200
 Body Scan International Tustin, 1-888-724-VIEW
 HeartSavers Irvine, (949) 786-6600
 Mission Hospital Imaging Center Mission Viejo, (949) 364-6900
 Newport Diagnostics Center Newport Beach, (949) 760-3025
 Newport Imaging Center Newport Beach, (949) 721-8191
 OC Vital Imaging Orange, (714) 558-2040
 South Coast Med. Ctr. Diagnostic Imaging Laguna Beach, (949) 499-7195
 West Coast Breast Center Santa Ana, (714) 543-9927

Children's Clinics / Programs

Anaheim Pediatrics Exchange Anaheim, (714) 991-8700
 CalOptima Kids (714) 246-8607
 Child Abuse Prevention Center Orange, (714) 543-4333
 Child Guidance Center, Santa Ana, (714) 953-4455
 Children's Health Initiative of OC Orange, (714) 246-8749
 Children's Therapy Center, Garden Grove, (714) 892-6828
 Coastal Pediatric Speech Clinic, Newport Beach, (949) 759-3390
 Kaiser Permanente Pediatric Services, Multiple Locations, (888) 988-2800

Kids Konnected (Cancer Support), Laguna Hills, (949) 582-5443
 Orange County Health Care Agency: Appointment Line, (800) 914-4887
 UC Irvine Family Health Centers, Anaheim, Irvine, Orange, Santa Ana (714) 456-7002
 UC Irvine Med Center, (714) 456-7011

Dental Clinics

Assistance League: Costa Mesa, (949) 645-2882
 Orange, (714) 997-5350
 Brookhurst Dental Care Center Garden Grove, (714) 638-7111
 Dansk Dental Clinic: Mission Viejo, (949) 859-6549
 Golden State Dental Group: Anaheim, (714) 774-6281
 Orange, (714) 771-7000
 St. Jude Dental Center, Buena Park, (714) 522-8723
 UC I Family Health Center, Gen'l Dentistry, Santa Ana, (714) 456-7002
 Western Dental Center: Anaheim, (714) 635-6000
 Buena Park, (714) 995-3976
 Costa Mesa, (949) 645-0218
 Santa Ana, (714) 973-9005

Executive Healthcare

Lindberg Medical Center, Irvine, (949) 262-3031
 Newport Medical Consultants, Newport Beach, 949-706-3300
 Private Physicians Medical Associates, Huntington Beach, (714) 379-8585
 UCI Corporate Health Services Irvine, (949) 824-8770

Eye Care (Miscellaneous)

Advanced Eye Care Clinic, Fountain Valley, (714) 444-0303
 California Eye Associates, Newport Beach, (949) 760-9007
 Doheny Eye Institute at Chapman Hospital, Orange, (714) 628-2966
 Kaiser Permanente Eye Care Services, Appointment Center, (888) 988-2800
 Ruper Eye Center, Orange, (714) 633-6060

Laser Vision Correction

Advanced Eye Medical Group, Mission Viejo (888) 439-6565
 Astorino Eye Center, Newport Beach, (949) 645-2250
 Coastal Vision Laser Eye Center Newport Beach, (949) 453-4661
 Lasik Center Med. Group, Dr. Alexandra Chebil, Irvine, (800) 841-3717
 Feinerman Vision Center, Newport Beach, (949) 631-4780
 Harvard Eye Associates: Laguna Hills, (949) 951-2020
 San Clemente, (949) 493-5411
 Laser Eye Centers, Newport Beach, (949) 644-0470
 Lyon Eye Laser Institute: Newport Beach, (949) 760-3003
 Ophthalmology Laser Center, Mission Viejo, (949) 582-1090
 Saddleback Eye Center, Laguna Hills, (949) 951-4641
 South Coast Eye Care Centers, Laguna Hills, (949) 588-2020
 TLC Laser Eye Centers: Fullerton, (714) 257-0560
 Ontario, (909) 605-1975
 Newport Beach/Tom S. Tooma, MD, (949) 854-7400
 UC Irvine Surgery Laser Clinic, Irvine, (949) 824-7980

Medical Weight Management

Kaiser Permanente Health Ed. &

Weight Mgmt., (714) 748-7843
 Lindora Medical Weight Management: Costa Mesa, (714) 557-1893
 Costa Mesa-Rite Aid, (949) 999-2490
 Fullerton, (714) 870-9501
 Huntington Beach, (714) 842-3174
 Irvine, (949) 231-1329
 Laguna Hills, (949) 586-8411
 La Habra, (562) 691-6252
 Newport Beach, (949) 756-8050
 Orange, (714) 974-9330
 Rancho Santa Margarita, (949) 589-5816
 San Juan Capistrano, (949) 248-0788
 Mission Hospital Weight Management Program, (949) 364-9636
 UC Irvine Corporate Health Services Irvine, (949) 824-8770
 Weight No More, Newport Beach, (949) 645-2930

General Medical Facilities & Groups

Beach Family Medical Center, Huntington Beach, (714) 378-4950
 Coast Family Medical Center, Huntington Beach, (714) 848-7676
 Breast Center of Saddleback Hospital, (949) 452-7200
 Bristol Park Medical Group: Corporate Office 714-665-1600
 Aliso Viejo, (949) 448-0656
 Anaheim, (714) 826-1200
 Costa Mesa, (714) 557-6300
 Fountain Valley, (714) 549-1300
 Irvine (E. Yale Loop), (949) 551-1090
 Mission Viejo (Madero Road), (949) 583-1600
 Rancho Santa Margarita, (949) 459-9968
 San Juan Capistrano, (949) 661-9600
 Santa Ana (W.17th Street), (714) 954-0432
 Cal Coast Medical Clinic, Huntington Beach, (714) 596-1105
 Clinic for Women, Santa Ana, (714) 285-9811
 Complete Medical Care, Fountain Valley, (714) 751-0995
 Concentra Medical Center, Anaheim, (714) 937-1919
 Edinger Medical Group, Fountain Valley (714) 965-2500
 Huntington Beach, (714) 965-2500
 Family Care Walk-In Medical Group: Costa Mesa (Baker), (714) 668-2500
 Costa Mesa (17th St.), (949) 631-8300
 Family Medicine Center, Anaheim, (714) 772-1030
 Gateway Medical Center La Mirada, (714) 228-0411
 Greater Newport Physicians, Newport Beach, (866) 876-1211
 Hoag Health Centers: Aliso Viejo, (949) 425-0550
 Costa Mesa, (714) 668-2550
 Huntington Beach, (714) 378-4900
 Irvine, (949) 451-6006
 Irvine (Woodbury), (949) 559-6500
 Kaiser Permanente Medical Offices: For all appointments, call 888-988-2800
 Aliso Viejo, Anaheim, Anaheim Hills, Brea, Costa Mesa, Garden Grove, Huntington Beach, Irvine, La Palma, Mission Viejo, Orange, San Juan Capistrano, Santa Ana, Tustin, Yorba Linda
 La Amistad Family Health Center, Orange, (714) 771-8006
 Lindora Health Clinics: Costa Mesa, (949) 999-2490
 Pacific Medical Clinic, Santa Ana, (714) 557-5599
 Pathway Medical Group, Garden Grove, (714) 537-7800
 Rancho Santa Margarita Family Medical Center, (949) 858-7001
 St. Joseph Hospital Affiliated Physicians, Multiple locations, (866) 888-9641
 St. Joseph Heritage Health Care Management Services, Orange, (714) 347-7500
 St. Jude Heritage Medical Group (800) 627-8106
 Sunrise Medical Group, Orange, (714) 771-1420
 Talbert Medical Group: Anaheim, (714) 995-1000
 Fountain Valley, (714) 964-6229
 Huntington Beach, (714) 968-0068
 Santa Ana, (714) 835-8501
 Tustin, (714) 442-4864
 UC Irvine Family Health Centers: Anaheim, (714) 456-7002
 Irvine, (714) 456-7002
 Orange, (714) 456-7002
 Santa Ana, (714) 456-7002
 Westminster, (714) 531-2220
 West Care Medical Anaheim, (714) 563-0700

Medical Facilities-Urgent Care

Bristol Park Medical Group, Urgent Care Fountain Valley, (714) 549-1300
 Mission Viejo, (949) 582-2002
 Concentra Medical Center (Workman's Comp): Anaheim, (714) 937-1919
 Placentia, (714) 579-7772
 Doctors Health Care, Laguna Hills, (949) 831-1001
 Dr. Owl, Urgent Care Pediatrics (714) 894-7242
 Dyer's Urgent Care, Laguna Hills, (949) 206-4633
 Family Care Centers: Costa Mesa, 17th (949) 631-8300
 Costa Mesa, Baker (714) 668-2500
 Fountain Valley, (714) 378-5330
 Irvine (Woodbridge), (949) 857-1248
 Family Medical Group, Dana Point, (949) 240-2555
 Goldenwest Medical Center, Anaheim, (714) 634-4884
 Hoag Health Centers (Urgent Care): Costa Mesa, (714) 668-2550
 Fountain Valley, (714) 378-5330
 Irvine (Woodbury), (949) 559-6500
 Industrial Care Medical Clinic, Garden Grove, (714) 554-2250
 Irvine Urgent Care (949) 222-2722
 Irvine Walk-In Medical Group, (949) 857-0290
 Kaiser Permanente Urgent Care: Anaheim, (714) 279-4000
 Garden Grove, (714) 741-3580
 Irvine, (949) 932-5000
 Mission Viejo, (949) 455-4320
 Santa Ana, (714) 830-6500
 Newport Urgent Care, Newport Beach, (949) 752-6300
 Newport Walk-In Medical Group, (949) 760-9222
 Orange Coast Memorial Medical Center, Urgent Care: Talbert Ave., (714) 964-6229
 Procure Work Injury Center Huntington Beach 714-964-4448
 Irvine 949-752-1111
 St. Joseph Hospital Affiliated Physicians, Orange, (714) 628-3300
 Saddleback Family & Urgent Care: Lake Forest, (949) 452-7544
 Mission Viejo, (949) 452-7699
 Sleepy Hollow Medical Clinic, Laguna Beach, (949) 494-3740
 South Coast Med. Group Aliso Viejo, (949) 360-1069
 Foothill Ranch, (949) 460-9111
 Southland Family & Urgent Care, Mission Viejo, (949) 951-7111
 U.S. Healthworks: Irvine, (949) 863-9103
 Lake Forest, (949) 581-3011
 Orange, (714) 921-0911
 Santa Ana, (714) 546-4233
 UC Irvine Family Health Center, Santa Ana, (714) 456-7002

Outpatient Surgery

Fountain Valley Outpatient Surgical Center,
(714) 751-5621
Hoag Outpatient Surgery
Newport Beach 949-760-1205
Newport Beach 949-642-3263
Kaiser Permanente Outpatient Surgery,
Anaheim, (714-279-4675
Irvine, (949) 932-5000
Mission Ambulatory Surgicenter,
Mission Viejo, (949) 364-2201
Newport Beach Surgery Center,
(949) 631-0988
Orthopedic Surgery Center of
Newport Beach, (949) 515-0708
Pacific Hills Surgery Center,
Laguna Hills, (949) 951-9470
Saddleback Memorial Surgical Services,
Laguna Hills, (949) 452-3527
Saddleback Valley Outpatient Surgery,
Laguna Hills, (949) 472-0244
St. Jude Outpatient Surgery,
Fullerton, (714) 446-7250
UCI Medical Center Outpatient
Surgical Care, Orange, (714) 456-8035

COMMUNITY SERVICES**Community Clinics**

Camino Health Center
30300 Camino Capistrano
San Juan Capistrano 92675
Mission4health.com
(949) 240-2272

Community Care Health Center
8041 Newman Ave.
Huntington Beach 92647
cchoc.org
(714) 847-4222

Laguna Beach Community Clinic
362 Third St.
Laguna Beach 92651
lbclinic.org
(949) 494-0761

Planned Parenthood
1-800-230-PLAN; 1.800-230-7526
Anaheim (714) 956-2002
Costa Mesa (949) 548-8830
Mission Viejo (949) 768-3643
Orange (714) 633-4550
Santa Ana (714) 973-1727
www.plannedparenthoodosbc.org
-WIC (Women, Infants & Children)
Nutrition Ed.
(714) 973-2411

Share Our Selves (SOS) Free Medical Clinic
1550 Superior Ave.
Costa Mesa 92627
www.shareourselves.org
(949) 650-0640

Sierra Health Center
501 S. Brookhurst Rd.
Fullerton 92833
(714) 870-0717

UC Irvine Family Health Centers:
(877) UCI-DOCS; (714) 456-7002
Anaheim
300 W. Carl Karcher Way
Santa Ana
800 N. Main St.

Orange County Health Services

Behavioral Health Services, Primary Clinics,
Children & Youth Services:
Costa Mesa, (714) 850-8408
Laguna Beach, (949) 499-5346
Mission Viejo, (949) 770-0855
Placentia, (714) 577-5400
Santa Ana, (714) 480-6600

Westminster, (714) 896-7556
CalOptima
(714) 246-8500
Child Abuse Hotline, (714) 940-1000
Epidemiology, (714) 834-8180
Family Planning Clinic, (800) 914-4887
Field Nursing Information, (714) 834-7747
Health Promotion/Disease Prevention,
(714) 834-2228
High Risk Infant Program, (714) 834-8207
Medical Services for Indigents,
(714) 834-6248
Medicare (Social Security), (800) 633-4227
Mental Health Services, Eval & Treatment
(714) 834-6900
Mental Health—Older Adults, (714) 972-3700
Multi-Ethnic Services, (714) 834-6610
Office On Aging, (714) 567-7500
Orange County Health Care Agency,
(714) 834-7700
Clinic Appointment Line, (800) 914-4887

Orange County Referral/211 OC, Info Line,
(949) 646-4357
Preventive Healthcare for the Aging,
(714) 972-3747
Public Health Care Referral, (800) 564-8448
Public Health Department, (714) 834-8592
Public Health Family Planning, (800) 914-4887

Hotlines & Helplines

AIDS, STD & Hepatitis Hotline,
(800) 367-2437
AIDS/STD Information, (714) 834-8129
Al-Anon, (714) 748-1113
Alcoholics Anonymous:
Central Line, (714) 556-4555
South County, (949) 582-2697
North County, (714) 773-4357
Long Beach, (562) 989-7697
Battered Women's Hotline, (949) 854-3554
CODA, (714) 573-0174
CSP Youth Shelter, (949) 494-4311
Domestic Violence Hotline, (714) 992-1931
Families Anonymous, (800) 736-9805
Human Options, (949) 854-0180
National Sr. Eye care Helpline, (800) 222-3937
Suicide Prevention 24-Hour Hotline,
(800) 784-2433 or (800) 999-9999

Medical Transportation

Aero Mobility, Santa Ana, (877) 325-4000
Bowers Ambulance Service, (562) 591-3371
Care Ambulance Service, (714) 828-7750
Doctor's Ambulance Service, (949) 951-1666
Lynch Ambulance, (714) 632-0225
Metro-Care Non-Emergency Transportation,
(714) 569-0441
On Time Med. Trans. (800) 372-3372
Schaefer Air Ambulance, (800) 247-4455
Schaefer Ambulance, (800) 472-4233

HEALTH PLANS**Dental HMOs and PPOs**

Aetna Health of California
(714) 972-3200
Ameritas Life Insurance Corp.
(714) 641-1800
Blue Cross of California Dental
(714) 429-2700
Bright Now Dental
(714) 668-1300
CIGNA Dental of California
(949) 255-1400
Delta Dental Plan of California
(562) 924-8311
Dental Health Services
(562) 595-6000
Guardian Life Insurance Co. of America
(949) 453-9990
Health Net Individual Plan
(800) 839-2172
Safeguard Dental & Vision
(800) 880-1800

Smile Saver Dental Plan
(714) 429-0200
Smilecare Dental
(714) 850-3333
Wells Fargo Insurance Services
(800) 854-0491
Western Dental Services Inc.
(714) 480-3000

Medical HMOs

Aetna Health of California
(714) 972-3200
Blue Cross of California
(800) 366-2751
CIGNA Healthcare of California
(949) 255-1400
Health Net of California
(714) 934-3300
Kaiser Permanente
(714) 796-2600
United Healthcare
(714) 226-3530

Medical PPOs

Aetna U.S. Healthcare
(714) 972-3200
Beech Street Healthcare
(949) 672-1000
Blue Cross of California
(800) 366-2751
Blue Shield of California
(714) 663-4200
CIGNA
(949) 255-1400
CompPartners
(949) 253-3111
Corvel Corp.
(949) 851-1473
Health Net of California
(714) 934-3300
PacificCare
(800) 631-0969
Physicians Care of California
(714) 540-5882
Private Healthcare Systems
(949) 476-9816

HOSPITALS**Orange County Hospitals**

Anaheim General Hospital
3350 W. Ball Rd.
Anaheim 92804
(714) 827-6700

Anaheim General Hospital
Buena Park Campus
5742 Beach Blvd.
Buena Park 90621
(714) 521-4770

AHMC Anaheim Regional Medical Center
1111 W. La Palma Ave.
Anaheim 92801
(714) 774-1450

Chapman Medical Center
2601 E. Chapman Ave.
Orange 92869
(714) 633-0011

Children's Hospital of O.C. (CHOC)
455 S. Main St.
Orange 92868
(714) 997-3000

CHOC at Mission Hospital
27700 Medical Center Rd.
Mission Viejo 92691
(949) 347-8400

Coastal Communities Hospital
2701 S. Bristol St.
Santa Ana 92704
(714) 754-5454

College Hospital Costa Mesa
301 Victoria St.
Costa Mesa 92627
(949) 642-2734

Fountain Valley Regional Hospital
and Medical Center
17100 Euclid St.
Fountain Valley 92708
(714) 966-7200
24 Hour Emergency Room, (714) 966-8105

Garden Grove Hospital & Medical Center
12601 Garden Grove Blvd.
Garden Grove 92843
(714) 537-5160

HEALTHSOUTH Tustin Rehabilitation Hospital
14851 Yorba St., Tustin, 92780
(714) 832-9200

Hoag Memorial Hospital
One Hoag Drive, Newport Beach 92663
(949) 764-HOAG; (949) 645-4624

Huntington Beach Hospital & Medical Center
17772 Beach Blvd., Huntington Beach 92647
24-Hour Emergency Room, (714) 842-1473

Kaiser Permanente, Anaheim Medical Center
411 N. Lakeview Ave., Anaheim 92807
(714) 279-4000
24-Hour Emergency Room, (714)279-4200

Kaiser Permanente Orange County – Irvine
Medical Center
6440 Alton Parkway, Irvine, 92618
949-932-5000

Kindred Hospital, Brea
875 N. Brea Blvd., Brea, 92821
(714) 529-6842

Kindred Hospital, Santa Ana
1901 N. College Ave.
Santa Ana, 92706
(714) 564-7800

Kindred Hospital, Westminster
200 Hospital Circle, Westminster 92683
(714) 893-4541

La Palma Intercommunity Hospital
7901 Walker St., La Palma 90623
(714) 670-7400
24-Hr. Emergency Room, (714) 670-6053

Los Alamitos Medical Center
3751 Katella Ave., Los Alamitos 90720
(714) 826-6400

Mission Hospital Laguna Beach
31872 Coast Hwy
Laguna Beach 92651
(949) 499-1311
24-Hour Emergency Room (949) 499-1311 x3444

Mission Hospital, Regional Medical Center
27700 Medical Center Rd.,
Mission Viejo 92691
(949) 582-2300
24-Hour Emergency Room,
(949) 364-2127

Orange Coast Memorial Medical Center
9920 Talbert Ave., Fountain Valley 92708
(714) 962-4677
24 Hour Emergency Room, (714) 962-4677

Placentia-Linda Hospital
1301 N. Rose Dr., Placentia 92870
(714) 993-2000

Saddleback Memorial Medical Center
24451 Health Center Drive
Laguna Hills 92653
(949) 837-4500
24-Hour Emergency Room, (949) 837-4500



Mission Hospital 
ST. JOSEPH
HEALTH SYSTEM

Advanced care. Advanced caring.

First he died, and then he saw the light. It was fluorescent. Mission accomplished.

At 41, Jeff still had a life to live. He was young, healthy, with no history of heart problems whatsoever. But on one otherwise ordinary summer day, his heart stopped. He was clinically dead, but a team of highly skilled doctors and nurses at Mission Hospital was able to bring him back with treatment suited specifically for his unique situation. Using a state-of-the-art procedure called Hypothermia Protocol, they cooled his core temperature—virtually freezing his body in time—preserving his brain function for a full recovery. Thanks to the extraordinary efforts, individualized care and compassion of this dedicated team, Jeff walked out of the hospital 18 days later with a brand new lease on life. That was our Mission. Accomplished.

mission4health.com

A Ministry of the
Sisters of St. Joseph
of Orange

Saddleback Memorial Medical Center
San Clemente
654 Camino De Los Mares
San Clemente 92673
(949) 496-1122
24-Hour Emergency Room, (949) 496-1122

St. Joseph Hospital
1100 W. Stewart Dr.
Orange 92868
(714) 633-9111
St. Jude Medical Center
101 E. Valencia Mesa Dr.
Fullerton 92635
(714) 871-3280

UC Irvine Medical Center
101 The City Drive South
Orange 92868
(714) 456-6011, (714) 456-7890
24-Hour Emergency Room (714) 456-5703

West Anaheim Medical Center
3033 W. Orange Ave., Anaheim 92804
(714) 827-3000

Western Medical Center Anaheim
1025 S. Anaheim Blvd.
Anaheim 92805
(714) 533-6220

Western Medical Center Santa Ana
1001 N. Tustin Ave., Santa Ana 92705
(714) 835-3555

Cancer Hospitals

Chao Family Comprehensive Cancer Center,
(UCI Medical Center), (714) 456-8200
CHOC Cancer Institute,
(714) 532-8636
Hoag Cancer Center, (949) 722-6237
Fountain Valley Regional Cancer Center,
(714) 966-7200
St. Joseph Hospital Regional Cancer Center,
(714) 771-8999
Virginia K. Crosson Cancer Center
(St. Jude Hospital), (714) 446-5900

Mental Health

College Hospital Costa Mesa
Costa Mesa, (949) 642-2734
Huntington Beach Hospital, (877) 217-3639
Kaiser Permanente Mental Health Services
(888) 988-2800
Meiere Clinics
(888) 7-CLINIC, (888) 725-4642
Newport Bay Hospital (Geriatric)
Newport Beach, (800) 360-9900
Pacific Mental Health Clinic
Orange, (714) 712-8340
Pacific Clinics
(877) PC-CARES; (626) 254-5000
St. Joseph Hospital
Orange, (714) 771-8134
UC Irvine Medical Center
Neuropsychiatric Center
(714) 456-5801

NURSING CARE

Extended Care/Rehabilitation

Anaheim Health Care Center,
(714) 816-0540
Buena Vista Care Center,
Anaheim, (714) 535-7264
California Dept. of Rehabilitation:
Anaheim, (714) 991-0800
Laguna Hills, (949) 598-7942
Santa Ana, (714) 662-6030
Carehouse Health Care Center,
Santa Ana, (714) 835-4900
Country Villa Plaza,
Santa Ana, (714) 546-1966
Coventry Court Health Center,
Anaheim, (714) 636-2800
Gordon Lane Convalescent Hospital,
Fullerton, (714) 879-7301

HEALTHSOUTH Tustin Rehabilitation
Hospital, (714) 832-9200
Manor Care, Fountain Valley,
(714) 241-9800
Mesa Verde Convalescent Hospital,
Costa Mesa, (949) 548-5584
New Orange Hills, Nursing Home
Orange, (714) 997-7090
Newport Nursing & Rehabilitation,
Newport Beach, (949) 646-7764
Park Anaheim, Nursing Home
Anaheim, (714) 827-5880
Rebuilding Therapy Center,
Laguna Niguel, (949) 234-0354
Regents Point,
Irvine, (949) 854-9500
Rehabilitation Alliance, Laguna Hills
(949) 707-5555
Saddleback Rehabilitation Center,
Laguna Hills, (949) 452-7040
St. Elizabeth Health Care,
Fullerton, (714) 871-9202
West Anaheim Extended Care,
Anaheim, (714) 821-1993
West Coast Physical Therapy Clinic,
Laguna Niguel, (949) 364-2955

**Call the Utilization Department of your local hospital for referrals for specific cases.*

Home Healthcare

AccentCare, (800) 834-3059
Adult Day Care, Mission Viejo,
(949) 581-3800
Colonial Home Care, Orange,
(714) 289-7220
Heartland Home Health Care and Hospice,
Orange, (714) 558-2377
Home Instead, (714) 288-1957
House Call Physicians, (800) DOCS-911
Kaiser Permanente Home Health,
(714) 279-6000
LivHome, (949) 794-9470
Rally Round Non Medical Homecare
(714) 860-4669
Senior Serve-Referrals, Anaheim,
(714) 226-0550
Silverado At Home, 949-240-7221
South Coast Medical Center Home Care,
(949) 499-7250
South Coast Medical Center Home Care
(949) 499-7250
St. Joseph Home Health Systems,
Orange, (714) 712-9500

Hospice Care

Hospice Care of California
Placentia, (714) 577-9656
Odyssey Health Care
Garden Grove, (714) 934-4520
Silverado Hospice, San Juan Capistrano
(888) 328-5660
St. Joseph Hospice
Orange, (714) 712-9559
Vitas Innovative Hospice Care
Irvine, (714) 921-2273

Retirement/Assisted Care Communities

Acacia Villa, Fullerton
(714) 879-0920
Aliso Laguna Village, Aliso Viejo,
(949) 425-8300
Aegis, Dana Point
(800) 724-4363
Aegis, Laguna Niguel
(949) 485-6900
Tuscany Villas, (714) 991-3242
Anaheim Royale West, (714) 827-7007
Atria Assisted Living Communities:
Golden Creek Inn, Irvine (949) 786-5665
Fullerton (714) 992-1750
De Palma, Placentia,
(714) 528-4990
Del Sol, Mission Viejo,
(949) 458-1176
Del Obispo, San Juan Capistrano,
(949) 496-8802

San Juan, San Juan Capistrano
(949) 661-1220
Woodbridge, Irvine, (949) 654-8500
Avalon At Bradford Square, Placentia,
(714) 996-9292
California Registry (referral service),
(800) 777-7575
Canyon Hills Club, Anaheim,
(714) 974-2226
Capistrano Beach Extended Care,
(949) 496-5786
Country Villa:
Laguna Hills, (949) 837-8000
Seal Beach, (562) 598-2477
Covington Retirement Community,
Aliso Viejo, (949) 362-9662
Emerald Court, Anaheim, (714) 778-5100
Emeritus at Brookhurst,
Santa Ana, (714) 775-6775
Emeritus at Fairwood, Anaheim
(714) 761-5771
Emeritus at Garden Manor,
Garden Grove, (714) 636-6453
Freedom Village, Lake Forest,
(949) 472-4700
Fullerton Rosewood Assisted Living,
(714) 441-0644
Huntington Terrace North,
Huntington Beach, (714) 848-6402
Knott Avenue Senior Campus,
Buena Park, (714) 821-4130
Mesa Verde Convalescent Hospital,
Costa Mesa, (949) 548-5584
Morningside of Fullerton, (714) 529-2952
Newport Beach Plaza, (949) 645-6833
Pacifica Royale, Midway City,
(714) 892-4446
Park Terrace, Rancho Santa Margarita,
(949) 888-2250
Park Vista at Morningside, Fullerton,
(714) 256-1000
Regents Point, Irvine, (949) 854-9500
Renaissance Senior Living Communities:
Inn at the Park, Irvine, (949) 854-3766
The Wellington at Aliso Viejo,
(949) 458-2311
The Regency, Laguna Woods,
(949) 830-8057
San Clemente Villas, (949) 489-3400
Seaside Terrace, Fountain Valley,
(714) 962-5531
Sunrise Senior Living Communities:
Brighton Gardens of
San Juan Capistrano, (949) 248-8855
Brighton Gardens of
Yorba Linda, (714) 777-9666
Sunrise of Fullerton, (714) 738-3656
Sunrise of Huntington Beach,
(714) 536-3032
Sunrise of La Palma, (714) 739-8111
Sunrise of Mission Viejo, (949) 582-2010
Sunrise of Seal Beach, (562) 594-5788
Sunrise Tustin, (714) 544-5959
Villa Valencia, Laguna Hills,
(949) 581-6111
Cranbrook Senior Living (714) 730-5009

Alzheimer's Care

Atria at Woodbridge, Irvine,
(949) 654-8500
Avalon At Bradford Square, Placentia,
(714) 996-9292
Buena Vista Care Center, Anaheim,
(714) 535-7264
Karlton Residential Care Center, Anaheim,
(714) 236-1170
Leisure Court Alzheimer's Center,
Anaheim, (714) 772-1353
Park Vista at Morningside, Fullerton,
(714) 256-1000
Quaker Gardens, Stanton,
(714) 530-9100
Silverado Senior Living:
Costa Mesa, (949) 631-2212
San Juan Capistrano,
(949) 240-0550
Tustin, (714) 832-7900
Sunflower Gardens, Santa Ana,
(714) 641-0959

Sunrise Brighton Gardens of
San Juan Capistrano, (949) 248-8855
Sunrise Brighton Gardens of
Yorba Linda, (714) 777-9666
Sunrise of Fullerton, (714) 738-3656
Sunrise of Huntington Beach,
(714) 536-3032
Sunrise of La Palma, (714) 739-8111
Sunrise of Mission Viejo, (949) 582-2010
Sunrise or Seal Beach, (562) 594-5788
Sunrise of Tustin, (714) 544-5959
The Cottage at Artesia Gardens, Buena Park,
(714) 670-1111
Walnut Manor, Anaheim, (714) 776-7150

ORGANIZATIONS

Health Organizations

AIDS Services Foundation, (949) 809-5700
ALS ASSOC., (714) 285-1088
Alzheimer's Assoc. of O.C., (800) 272-3900
American Cancer Society, (949) 261-9446
American Diabetes Assoc., (714) 662-7940
American Heart Assoc., (949) 856-3555
American Lung Assoc., (714) 835-5864
American Red Cross, (714) 481-5300
Arthritis Foundation, (800) 954-2873
Braille Institute of O.C., (714) 821-5000
Children's Tumor Foundation,
(800) 323-7938
Juvenile Diabetes Research Foundation,
949-553-0363
Leukemia & Lymphoma Society of America,
(714) 881-0610
Lupus International,
(949) 833-2121
Make-A-Wish Foundation, (714) 573-9474
March of Dimes, (949) 263-1100
Mental Health Association of Orange,
(714) 547-7559
Muscular Dystrophy Association,
(714) 550-0161
NAMI Orange County
(Alliance on Mental Illness)
(714) 544-8488
National Council on Alcohol / Drug
Dependence, (949) 770-2189
National Kidney Foundation, So. CA Off.
(800) 747-5527
National Multiple Sclerosis Society,
(949) 752-1680
National Pediatric Support Services,
(714) 545-4647
Ostomy Association Orange County,
(562) 698-8039
Pediatric Cancer Research Foundation,
Irvine, (949) 859-6312
Southern California Hospice Foundation
Garden Grove, (714) 741-0276
SPIN (Substance Abuse Recovery)
Costa Mesa, (714) 751-1101
Susan G. Komen For the Cure
Costa Mesa, (714) 957-9157
United Cerebral Palsy Association,
(714) 200-2600

Orange County Professional Organizations

American Association of Critical Care
Nurses, (949) 362-2000
California Association of Marriage &
Family Therapists, (714) 556-7129
Orange County Medical Association,
(714) 978-1770
Orange County Psychiatric Society,
(714) 978-3016
Orange County Radiological Society,
(714) 978-1160 ext.225
Orange County Urological Society,
(714) 550-9155

This directory is designed to provide information about broad categories of health services available to the people of Orange County. Space limitations preclude us from listing individual healthcare practitioners or many of the support groups available throughout the country. Inclusion in this directory in no way implies endorsement of specific clinics, hospitals or services.

THE BEST

Named one of "America's Best Hospitals" by U.S. News & World Report®

Recognized in 2009 for:
Gynecology
Urology



USNews
& WORLD REPORT
www.usnews.com
America's
Best
HOSPITALS
2009-10

The Best news in healthcare

For nine years in a row, University of California, Irvine Medical Center has been named one of "America's Best Hospitals" by U.S. News & World Report® – recognized in 2009 for gynecology and urology. With the recent opening of UC Irvine Douglas Hospital in Orange, this honor underscores the superb care and world-class medicine that the medical center and nearly 450 UC Irvine physicians provide for Orange County. There is no better choice for healthcare. To learn more or for a physician referral, call or visit us online.

UC IRVINE • HEALTHCARE

Discover • Teach • Heal

877.UCI.DOCS www.ucihealth.com