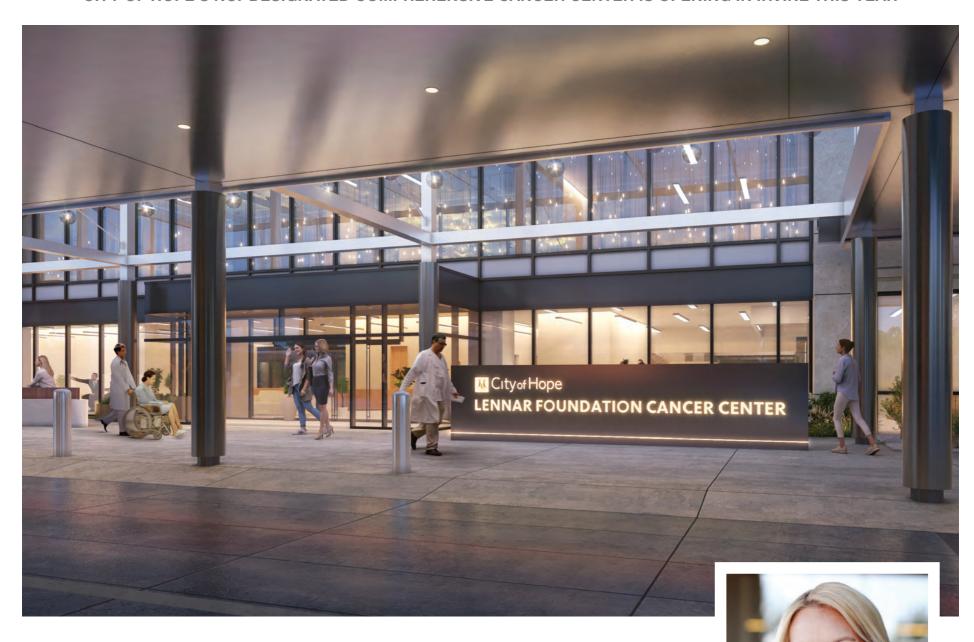


For Orange County, 2022 is the Year of Hope

CITY OF HOPE'S NCI-DESIGNATED COMPREHENSIVE CANCER CENTER IS OPENING IN IRVINE THIS YEAR



City of Hope has a prediction for the new year: The future is going to be filled with hope for Orange County. Our National Cancer Institute-designated comprehensive cancer center and academic center is opening this year. More world-renowned specialists will be accessible for our patients, and first-in-the-region breakthrough treatments will be available without leaving home. We'll be closer than ever to ending cancer, and it's all happening right here in the OC.

Not long from now, we'll make history when we open Lennar Foundation Cancer Center at City of Hope Orange County. It will be followed by Orange County's only hospital exclusively focused on treating and curing cancer, opening in 2025.

Our comprehensive cancer center at FivePoint Gateway in Irvine will provide access to more than 400 physicians and 1,000 researchers and scientists focused on curing cancer. Patients will benefit from access to nearly 1,000 clinical trials each year and breakthrough treatment options, all delivered by a compassionate team of experts who take our patients' hands and never let go.

Lennar Foundation Cancer Center is not only the most advanced cancer center in the county, it's the region's only standalone cancer center. At 190,000-square-feet, it's four football fields worth of cancer treatment and research. Distinguishing services include a clinical research center offering access to phase 1–3 trials, an outpatient center offering diagnostic imaging and screenings, medical oncology, radiation oncology, surgical oncology and much more.

Additionally, the center offers a range of treatment options – from chemotherapy to immunotherapy and more – for even the most aggressive cancer. New prevention and diagnostic programs will also be explored as we unlock the potential of genomics and precision medicine.

Staffed by clinicians and scientists at the top of their field, the center is also a focal point for medical innovation. Here, many of the world's most distinguished experts in cancer care will continue City of Hope's legacy for groundbreaking work that has led to discoveries that touch millions of lives worldwide. City of Hope – where research led to four of the world's mostused cancer drugs – will bring this level of extraordinary expertise to the

Orange County campus. We will quickly transform research breakthroughs into lifesaving treatments for the patients who need them today.

But there is even more to our care. At City of Hope, science – combined with compassion – is a proven combination that leads to the absolute best outcomes.



Our network of advanced cancer care is growing, too. City of Hope now has four locations throughout Orange County. These locations, in Irvine, Newport Beach and Huntington Beach, are ensuring our patients can access City of Hope's renowned physicians and services closer to where they live.

As we are growing, so are our teams. Yes, Orange County, we are hiring. City of Hope is recruiting the most outstanding health care professionals and clinical experts – people who were called to help us deliver on our mission. We are eager to welcome new colleagues to the team and contribute to our region's health and economy.

We believe the outlook for 2022 is not just bright – it's hopeful. Our patients will get the most advanced treatments for their cancer types. More world-class services will be available. And, with our groundbreaking discoveries, we will reverse the course of cancer in our nation. It will all happen in the year ahead, right here in Orange County.

For more information on City of Hope Orange County, visit CityofHope.org/OC





We won't rest until we've defeated cancer, once and for all. City of Hope is advancing world-renowned cancer treatment and research by establishing a National Cancer Institute-designated campus in Orange County. Our 1,000 physicians, scientists and researchers focus on only one thing – ending cancer. We offer nearly 1,000 clinical trials each year and breakthrough treatment options, all delivered by a compassionate team of experts who take your hand and never let go.

Cancer doesn't stand a chance. The future is hope, in Orange County.



CityofHope.org/OC

Edward S. Kim, M.D., M.B.A.,
Physician-in-Chief, City of Hope Orange County

Nationally recognized advocate for expanding access to lifesaving clinical trials









Shaping the Future of Health Care

MEMORIALCARE LOOKS TO THE FUTURE WITH VIRTUAL CARE EXPANSION



MemorialCare continues to expand its virtual care offerings with the addition of 24/7 on-demand video visits with health care providers. This around-the-clock access to care at your convenience builds on the many existing virtual care options MemorialCare provides, including Urgent Care and eVisits, the MemorialCare Virtual Exam Kit powered by TytoCare, the myChart mobile app, and access to behavioral health resources with SilverCloud. The future of primary and specialty care, behavioral health services and much more is here today, on-demand, with MemorialCare.

NEW WOMEN'S HEALTH PAVILION BREAKING GROUND IN MAY



MemorialCare Saddleback Medical Center is building on its rich history of providing exceptional women's health care with the first Women's Health Pavilion in South Orange County to support health and wellness for all women, from adolescence to childbearing, through senior years.

The three-story, 40,000 square-foot pavilion will bring women's services that patients currently have to seek in various locations in the community, into one central location. The pavilion will feature a comprehensive Breast Center, complemented by women's specialty care, a Community Education Center and mental wellness support, among other services. This innovative new facility will give patients easy, convenient access to modern, innovative, and exceptionally high quality of care.

We invite you to help build the future of women's health in south Orange County. Charitable gifts toward the Women's Health Pavilion help strengthen MemorialCare's educational and patient-centered programs. Opportunities to name spaces in the new pavilion range from \$50,000 to \$5 million, and Saddleback Medical Center Foundation is partnering now with grateful patients and community members who want to be involved in this transformative project for women's healthcare.

For more information visit memorialcare.org/women.

Ground-breaking takes place this May with an anticipated opening in Spring of 2023.

THREE MEMORIALCARE HOSPITALS RECOGNIZED ON FIRST-EVER BEST MATERNITY HOSPITALS LIST

MemorialCare's three hospitals that provide maternity services to the Southern California region – MemorialCare Saddleback Medical Center, MemorialCare Orange Coast Medical Center and MemorialCare Miller Children's & Women's Hospital Long Beach have all been recognized as High Performing in Maternity Care by U.S. News & World Report. This is the first time U.S. News has published a list of Best Hospitals for Maternity.



MemorialCare is uniquely positioned to provide maternity care from the

South Bay to South Orange County, whether at the only children's and women's hospital in the region, or an acute care adult specialty hospital. Our highly skilled clinicians are dedicated to ensuring every patient receives the high-quality compassionate care they deserve and are accustomed to receiving at MemorialCare medical centers.

To be recognized among the Best Hospitals for Maternity, hospitals had to excel on multiple quality metrics that matter to expectant families, including complication rates, C-sections, whether births were scheduled too early in pregnancy, and how successfully each hospital supported breastfeeding. Only one-third of the hospitals evaluated by U.S. News for maternity care earned a "High Performing" rating, which is the highest rating U.S. News awards for this type of care.

When you're expecting, there are many decisions to make—but none is as important as choosing the health care team who will help deliver your baby. It's easy to see why so many families choose MemorialCare hospitals as the best place to have their baby.

NETWORK EXPANSION CONTINUES



MemorialCare and Physical Rehabilitation Network (PRN), a leading physical therapy provider and practice management organization, opened a new California Rehabilitation and Sports Therapy (Cal Rehab) physical therapy center in Rancho Santa Margarita.

With the opening of the Rancho Santa Margarita center, along with new locations in Irvine and Mission Viejo, the MemorialCare and PRN joint venture retains its proud distinction of offering the region's most expansive network of physical therapy facilities with 21 centers throughout Orange County and an additional seven centers in Los Angeles and Riverside counties.

To learn more about how you can improve quality of care while reducing costs for your employees, contact Cathy Capaldi at ccapaldi@memorialcare.org or (714) 377-2960.



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UCI Health

Bringing Healthcare Home



Advances in technology have long made remote monitoring and virtual healthcare possible, even optimal for some patients and conditions.

ot until the COVID-19 pandemic, however, have patients begun to connect with their health providers from the comfort of home.

As consumers rethink how they want to receive medical care, UCI Health already is taking steps to deliver a better, more cost-effective patient experience from home to hospital and back, says Chad Lefteris, chief executive officer of UCI Health, Orange County's only academic medical system.

In November, UCI Health became the first California system to partner with DispatchHealth to offer same-day, in-home care. DispatchHealth is the nation's premier provider of comprehensive, top-quality home medical care.

DispatchHealth mobile teams now provide acute and advanced home care for many conditions that might otherwise require a visit to an emergency room or hospital, which may be overcrowded by a surge in COVID-19 cases.

Patients at high risk of readmission also get a proactive home check within the first 72 hours of their hospital discharge. In 2022, we plan to extend this to emergency department patients,

who would receive a follow-up visit within 48 hours of release. Known as bridge care, this service ensures continuity of medical care and helps get patients back to their primary care physician or community specialist.

"DispatchHealth helps us meet our patients where they are and where they want to receive care — in their homes," says Susanna Rustad, executive director of virtual care for UCI Health.

Trained emergency and internal medicine, DispatchHealth teams are fully equipped to treat common to complex injuries and illnesses. These conditions include:

- Bronchitis
- Croup
- Diarrhea, nausea or vomiting
- Flu
- · Headache or migraine
- Respiratory infections
- Pneumonia
- Shortness of breath with chronic obstructive pulmonary disease (COPD)
- · Strains, sprains and minor fractures
- Urinary tract infections

DispatchHealth — which delivers care seven days a week, including evenings and holidays — partners with most major insurers. Its out-of-pocket costs are often the same as a visit to an in-network urgent care center.

"We are investing in partners and building bold programs that make use of innovative ideas and capabilities to deliver remarkable patient experiences and convenience, simplifying and redefining healthcare in the process," Rustad says.

Eventually, UCI Health envisions a hospital-athome service offering advanced care for a broad range of acute conditions as well as a clinic-without-walls program to bring high quality academic medicine to homes and senior communities.

"Our goal," Rustad says, "is to treat each patient at the right level of care, in the right place, in a high-quality, safe and sustainable way by offering a new spectrum of in-home care options."

UCI Health DispatchHealth services are available from 8 a.m. to 10 p.m. daily, including holidays. Call 949-594-0447 or visit ucihealth.org/inhomecare to learn more.

The new chapter of healthcare begins here



At UCI Health, we don't just practice medicine, we create it. Now we are writing the next chapter for healthcare in Orange County.

With UCI Medical Center — Irvine, UCI Health will bring our patients unparalleled expertise, leading-edge treatments and the finest evidence-based care that only an academic medical system can offer.

The 800,000-square-foot medical campus will be anchored by a state-of-the-art hospital, which will offer 24-hour emergency care and personalized cancer treatments, including hundreds of clinical trials by our NCI-designated comprehensive cancer center. Our world-renowned experts will also deliver exceptional care in other specialties, such as digestive diseases, neurosciences and orthopaedics, all powered by the University of California. We stop at nothing to build a healthier tomorrow.

Learn more at ucihealth.org/irvinehospital















Top-Ranked Hoag Family Cancer Institute Undergoing Major Expansion

New Center Sets the Stage for Expanded Cancer Research and World-Class Clinical Care

Hoag Family Cancer Institute at Hoag Memorial Hospital Presbyterian is Orange County's largest cancer center and is ranked in the top 10 percent of cancer treatment centers in the nation by US News & World Report. With a commitment to providing world-class, comprehensive cancer care close to home, Hoag is in the midst of a major expansion of its facilities and technologies at its Newport Beach location. The new center will further increase Hoag's cancer offerings in Orange County, providing unparalleled inpatient and outpatient care.

"From remarkably innovative technology, to reconfigured spaces that enhance cancer patient experience and comfort, to building additional office space to house world-renowned cancer treatment specialists, the Hoag Family Cancer Institute is modeling the future of cancer care, right here in Orange County," said Burton L. Eisenberg, M.D., F.A.C.S., executive medical director of Hoag Family Cancer Institute and the Grace E. Hoag Executive Medical Director Endowed Chair.

The newly constructed space will feature a beautiful new infusion center with both private and social options. Offering expanded physician offices and space, the entire multidisciplinary team will have the ability to collaborate onsite to deliver best care for patients. The center will also feature an expanded genetics service, new research facilities and a state-of-the-art pharmacy completely dedicated to cancer care.

Hoag's national rankings in cancer continue to attract renowned specialists who are developing new approaches to the prevention and early detection of cancer, to the diagnosis and treatment of cancer – and bringing newfound optimism to the thousands of patients who come to Hoag for treatment.

"The entire Hoag organization is committed to the best data-driven care for patients while simultaneously addressing each patient's unique needs," said Gary Ulaner, M.D., Ph.D., F.A.C.N.M., who recently joined Hoag as the James & Pamela Muzzy Endowed Chair and founded Hoag's state-of-the-art Molecular Imaging and Therapy Center. Dr. Ulaner is an internationally recognized expert in the use of molecularly targeted imaging to help direct focused cancer therapies. "The vision to advance next-generation cancer care today permeates Hoag and is a major reason I was so eager to join this spectacular team."

"Hoag is involved in a number of innovative clinical research trials involving cell therapy evaluating natural killer, or NK, cell therapy," said Chaitali Nangia, M.D., Co-Director of Cell Therapy Research and Director for Breast Cancer Research at Hoag Family Cancer Institute. "We are at the frontier of clinical studies using novel combinatorial approaches that may give patients positive responses while maintaining their quality of life—something no other hospital in Orange County is doing."

Hoag's two cancer centers in Orange County offer patients comprehensive, multidisciplinary care provided by a team of nationally recognized cancer experts. Located in Newport Beach and Irvine, the Cancer Centers are equipped with some of the most advanced diagnostic and therapeutic technology in the nation. The expansion of the Newport Beach Cancer Center will build upon Hoag's dedication to clinical excellence and an unparalleled patient and family experience.

Hoag Family Cancer Institute is proud to offer comprehensive services and treatments to its patients that include:

Multidisciplinary Care: Hoag's multidisciplinary team of experts work seamlessly to coordinate care for patients and their families, including meeting in tumor conferences regularly to review patient cases and identify the best treatment path. The team includes sub-specialty medical oncologists, radiation oncologists, oncologic sub-specialty surgeons, nurse navigators, social workers, dedicated dieticians, genetic counselors and rehabilitation specialists, all working together to prevent, diagnose and treat cancer.

Advanced Clinical Trials: Hoag is engaged in more than 100 clinical trials in cancer, bringing some of the most promising treatments available to Orange County patients.

Infusion Centers: Hoag offers infusion services in 4 locations in Newport Beach and Irvine, including a dedicated gynecologic infusion center in Newport Beach.

Cell Therapy: The Cell Therapy Program at Hoag includes clinical trials that study the use of NK Cells or "natural killer" cells in the fight against cancer. These cells are the first responders that help the immune system recognize cancer and initiate an immune response, resulting in the development of antibodies to fight a patient's cancer. Hoag's Cell Therapy Program is conducting a number of clinical trials, contributing to the development of promising new therapies for advanced cancers.

Molecular Imaging & Therapy: The only program of its kind in Orange County, Hoag's Molecular Imaging & Therapy Program offers an emerging research discipline that uses cell biology, molecular biology and diagnostic imaging to detect and treat cancer at a cellular level. With molecular imaging, Hoag physicians look deeper, viewing cancer cells at a molecular level, well before structural changes can be seen on traditional imaging.

Radiation Oncology: Hoag's dedicated team uses the latest technologies as the largest provider of radiation therapy in Orange County. With patient-centered care as its focus, Hoag is proud to be in the top 1% of outpatient facilities nationwide in the Press Ganey® overall patient satisfaction ratings. Hoag Radiation Oncology is also the first and only hospital in Orange County to offer ViewRay MRIdian. The most advanced radiation therapy in the U.S., this revolutionary technology uses MRI imaging to precisely pinpoint tumors during radiation treatment – even in some of the most difficult-to-target areas in the body, including the pancreas, lungs and other soft tissue tumors.

Hoag's Center for Applied Genomic Technologies (H-CAGT): A multidisciplinary approach to precision medicine, Hoag uses the latest advances in genomic technologies, targeted therapies and research. Hoag's Precision Medicine team works with patients' oncologists to review complex molecular genomic testing and ensure the latest treatment options are identified.

Surgical Options: Hoag Family Cancer Institute offers the latest in surgical options, including minimally invasive laparoscopic procedures and one of the largest robotic programs in the nation.

To learn more about Hoag Family Cancer Institute, please contact us at 949-7-CANCER (949-722-6237) or visit hoag.org/cancer.



"I chose to fight, so I came to Hoag."

SARAH'S STORY





Sarah worked on the front lines as an emergency room physician in the height of the COVID pandemic. Her world came to a halt when the mother of three found out she had an aggressive form of breast cancer. At Hoag, Sarah never felt like a number. Hoag saw her as a person, a mother and a fellow physician. Daily, she felt the support of a team fighting hard to get her back to being healthy for her family. Today, cancer-free, Sarah credits the care and support she received at Hoag for helping her defeat breast cancer once and for all.



Looking for more healthcare-related content? The Orange County Business Journal examines the healthcare industry multiple times throughout the year, including the weekly column that focuses on a current healthcare topic, special reports that feature insightful articles about the changing healthcare marketplace, and custom content pieces driven by those that provide your healthcare needs.

February 21 Healthcare Special Report with Hospitals/Medical Diagnostic & Testing Companies Lists

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Photos depict a typical facility; amenities vary and some may be temporarily closed. Social distancing protocols will be observed in compliance with government guidelines. ©2021 Fitness International, LLC. All rights reserved.



WE HAVE LOTS OF GREAT WAYS TO KEEP YOU HEALTHY. HERE'S 146 OF THEM.

Congratulations to the extraordinary Kaiser Permanente doctors named 2022 Physicians of Excellence by the Orange County Medical Association.

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Child Neurology Suresh Gurbani, M.D.

Dermatology Marit K. Kreidel, M.D. Rana Rofagha Sajjadian, M.D. Hege Grande Sarpa, M.D.

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Jason Shen, M.D.

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Tina Walker, M.D.
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Alex T. Wu, M.D.

Family Medicine Sports Medicine James C. Hwang, M.D.

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